

Plate Loaded Incline Press

Packed with features and exceptional movements, the Plate Loaded line merges superior technology with a passion for fitness. Cybex Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

EXTREME STRENGTH

Superior biomechanics in a space-efficient package. The Cybex Plate Loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

- Cybex science and design in a plate loaded line.
- Who said hard core has to be intimidating?
- Built tough to keep looking new.

FEATURES

- The 25° converging pattern provides an exceptional range of motion with consistent torque at the joint.
- Independent arm motion for balanced strength development.
- Two-position selectable starting position for a broad range of user size and flexibility.
- Overhead pivot provides a natural path of motion.
- Extra-sized grips reduce pressure on the hands for greater comfort when pressing.



SPECIFICATIONS

Product Number	16190
Dimensions L x W x H	55" x 59" x 49" (140 cm x 150 cm x 124 cm)
Machine Weight	181 lb (82 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

Upgrade your club with customized Cybex equipment. Visit mydesign.cybexintl.com

MY
DESIGN
STUDIO

WORLD HEADQUARTERS

10 Trotter Drive · Medway · MA 02053 USA
T + 1.508.533.4300 · F + 1.508.533.5500
cybexintl.com

CYBEX INTERNATIONAL UK LTD

Queen Adelaide · Ely
Cambridgeshire · CB7 4UB · UK
T + 44.1353.666.017 · F + 44.1353.666.018