# Plate Loaded

## **Squat Press**

Packed with features and exceptional movements, the Plate Loaded line merges superior technology with a passion for fitness. Cybex Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

#### **EXTREME STRENGTH**

Superior biomechanics in a space-efficient package. The Cybex Plate Loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

- Cybex science and design in a plate loaded line.
- Who said hard core has to be intimidating?
- Built tough to keep looking new.

### **FEATURES**

- Direct linkage system provides a variable resistance profile to ensure proper strength curve throughout the users' range of motion.
- Four-bar linkage mechanism maintains the correct ankle position throughout the motion.



#### **SPECIFICATIONS**

Product Number 16150

Dimensions 82 " × 6

L × W × H (208 c)

82" × 69" × 53" (208 cm × 175 cm × 135 cm)

**Machine Weight** 

342 lb (155 kg)

Available in 15 frame colors or a virtually unlimited variety of custom colors and

33 upholstery colors

Upgrade your club with customized Cybex equipment. Visit mydesign.cybexintl.com





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