

Plate Loaded Overhead Press

Packed with features and exceptional movements, the Plate Loaded line merges superior technology with a passion for fitness. Cybex Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

EXTREME STRENGTH

Superior biomechanics in a space-efficient package. The Cybex Plate Loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

- Cybex science and design in a plate loaded line.
- Who said hard core has to be intimidating?
- Built tough to keep looking new.

FEATURES

- The 20° converging pattern provides an exceptional range of motion with consistent torque at the joint.
- Independent arm motion for balanced strength development.
- Barbell and neutral grips.
- Extra-sized grips reduce pressure on the hands for greater comfort when pressing.



SPECIFICATIONS

Product Number	16101
Dimensions L x W x H	53" x 54" x 49" (135 cm x 137 cm x 124 cm)
Machine Weight	180 lb (82 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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WORLD HEADQUARTERS

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